



PE Extra-Curricular Timetable – Spring Term 2025

“Outstanding Learning Community – Cymuned Ddysgu Ragorol”



Session	Dydd Llun / Monday	Dydd Mawrth / Tuesday	Dydd Mercher / Wednesday	Dydd Iau / Thursday	Dydd Gwener / Friday
Before School (8am-8:30am)	Indoor Football – Years 7-11 Sports Hall 5x60 – DF			Indoor Football – Years 7-11 Sports Hall 5x60 - DF	
Lunch time (1pm-1:20pm)	Beach Club – Years 7-11 Girls Gym 5x60 – DF	Indoor Football – Year 7 Sports Hall GMO	Indoor Football – Year 8 & 9 Sports Hall GMO Girls Dodgeball – Years 7- 11 Girls Gym ELB	Indoor Football – Year 10 & 11 Sports Hall GMO Dodgeball – Years 7-11 Boys Gym 5x60 – DF Girls Netball/Benchball – Years 7-11 Girls Gym ELB	Girls Indoor Football – Years 7-11 Sports Hall 5x60 - DF
After School (3pm-4pm) Full PE Kit	Football – Years 7-11 Astro 5x60 – DF	Netball – Years 7-11 Netball Courts ELB	Competitive Boys Football – Years 7-11 Field SJH/GMO	Badminton – Years 7-11 Sports Hall 5x60 – DF	